

AS WE GATHER

Physical fitness is “in.” The message of health spas is that if you just work hard enough and get your body into good enough shape, then somehow, you’ll be “fit for life.” Advertising has picked up on this theme and embellished it to amazing proportions. Today, you will be led to understand we have a different kind of life altogether, a life that is made “fit” not by the world’s standards, but by a gift of God. The promise of Jesus tells us how we can be not only physically, but also emotionally and spiritually “Fit for Life.” Jesus said, “*I have come that they may have life. And have it to the FULL!*” Jesus promised to give you MORE LIFE! He fulfilled that promise by giving His life as the sacrifice to take away your sins, and by rising to life again. Jesus is the Lord of Life. Open your ears and your heart to His Word and let Him be the Lord of YOUR life.

Gathering Song

Let the River Flow

Welcome & Invocation

Opening Song Come to the Water

¹ O let all who thirst,
let them come to the water.
And let all who have nothing,
let them come to the Lord:
without money, without price.
Why should you pay the price,
except for the Lord?

⁴ And let all the poor,
let them come to the water,
Bring the ones who are laden,
bring them all to the Lord:
bring the children without might.
Easy the load and light:
come to the Lord.

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Confession & Forgiveness

Pastor: Despite all of God’s actions on our behalf, we still struggle with sin in our lives. Our tongues still curse. Our feet still stumble. Our ears still listen to lies and vicious gossip. But our heavenly Father invites us to come to Him for restoration, renewal, and forgiveness.

Silence for reflection.

Pastor: Heavenly Father,

People: we have sinned against You and our neighbors in what we have said and what we have left unsaid. We have neglected opportunities to love our neighbors. We have stumbled and fallen again and again. We ask that You restore us, renew us, and forgive us on account of Jesus. Amen.

Pastor: Almighty God, in His boundless love sent His Son, Jesus Christ, to die and rise for our forgiveness and eternal life. Because of Jesus, we are restored, body and soul. Therefore, as a called and ordained servant of Christ, and by His authority, I forgive you all your sins in the name of the Father and of the ☩ Son and of the Holy Spirit.

People: Amen. We are forgiven in Christ. We are renewed and restored. Amen.

Prayer of the Day

Pastor: Summon our hardness of heart, Lord God, that we may love all whom You love. Continue transforming our lives into invitations that summon people to the love of Christ, so that Your full blessing would come to all for whom He died, through the same Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

People: **Amen.**

Reader

Judy Baggenstoss

Old Testament Reading

Genesis 6: 5-8, 11-22

(Noah Prepares for the Flood)

⁵The LORD saw that the wickedness of man was great in the earth, and that every intention of the thoughts of his heart was only evil continually. ⁶And the LORD was sorry that he had made man on the earth, and it grieved him to his heart. ⁷So the LORD said, "I will blot out man whom I have created from the face of the land, man and animals and creeping things and birds of the heavens, for I am sorry that I have made them." ⁸But Noah found favor in the eyes of the LORD.

¹¹Now the earth was corrupt in God's sight, and the earth was filled with violence. ¹²And God saw the earth, and behold, it was corrupt, for all flesh had corrupted their way on the earth. ¹³And God said to Noah, "I have determined to make an end of all flesh, for the earth is filled with violence through them. Behold, I will destroy them with the earth. ¹⁴Make yourself an ark of gopher wood. Make rooms in the ark, and cover it inside and out with pitch. ¹⁵This is how you are to make it: the length of the ark 300 cubits, its breadth 50 cubits, and its height 30 cubits. ¹⁶Make a roof for the ark, and finish it to a cubit above, and set the door of the ark in its side. Make it with lower, second, and third decks. ¹⁷For behold, I will bring a flood of waters upon the earth to destroy all flesh in which is the breath of life under heaven. Everything that is on the earth shall die. ¹⁸But I will establish my covenant with you, and you shall come into the ark, you, your sons, your wife, and your sons' wives with you. ¹⁹And of every living thing of all flesh, you shall bring two of every sort into the ark to keep them alive with you. They shall be male and female. ²⁰Of the birds according to their kinds, and of the animals according to their kinds, of every creeping thing of the ground, according to its kind, two of every sort shall come in to you to keep them alive. ²¹Also take with you every sort of food that is eaten, and store it up. It shall serve as food for you and for them." ²²Noah did this; he did all that God commanded him.

Reader: This is the Word of our Lord.

People: **Thanks be to God.**

Epistle Reading

Romans 6: 1-11

(Dead to Sin, Alive in Christ)

¹What shall we say then? Are we to continue in sin that grace may abound? ²By no means! How can we who died to sin still live in it? ³Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? ⁴We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

⁵For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his. ⁶We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. ⁷For one who has died has been set free from sin. ⁸Now if we have died with Christ, we believe that we will also live with him. ⁹We know that Christ being raised from the dead will never die again; death no longer has dominion over him. ¹⁰For the death he died he died to sin, once for all, but the life he lives he lives to God. ¹¹So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Reader: This is the Word of our Lord.

People: Thanks be to God.

Holy Gospel Reading

Matthew 28:16-20

(Go and Make Disciples in Baptism)

¹⁶Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. ¹⁷And when they saw him they worshiped him, but some doubted. ¹⁸And Jesus came and said to them, "All authority in heaven and on earth has been given to me. ¹⁹Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

Pastor: This is the Word of our Lord.

People: Thanks be to God.

Children's Message

Song of the Day My Faith Looks Up to Thee LSB 702 sts. 1-3



1 My faith looks up to Thee, Thou Lamb of Cal - va - ry,
2 May Thy rich grace im - part Strength to my faint - ing heart;
3 While life's dark maze I tread And griefs a - round me spread,



Sav - ior di - vine. Now hear me while I pray; Take all my
My zeal in - spire! As Thou hast died for me, Oh, may my
Be Thou my guide; Bid dark - ness turn to day, Wipe sor - row's



guilt a - way; O let me from this day Be whol - ly Thine!
love to Thee Pure, warm, and change-less be, A liv - ing fire!
tears a - way, Nor let me ev - er stray From Thee a - side.

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Sermon FIT FOR LIFE: Are You Ready for Your Transplant? (Holy Baptism)

Pastor Aaron Boerst

Creed – APOSTLES' CREED

I believe in God, the Father Almighty, maker of heaven and earth.

And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life † everlasting. Amen.

Prayers of the Church

Pastor: We pray for the Church, that God's people live confidently and never neglect the salvation won by Jesus Christ, but joyfully share the message of salvation in word and deed. Lord, in Your mercy,

People: hear our prayer.

Pastor: We pray for the nations of the world, that the presence of Christ be experienced everywhere around the globe and that the Gospel message have free course in every land. Lord, in Your mercy,

People: hear our prayer.

Pastor: We pray for our families and for those who share in our Christian fellowship and join with us in worship. Grant that we never take them for granted, but help us to encourage the labors in which we work together to the glory of God. Lord, in Your mercy,

People: hear our prayer.

Pastor: We pray for those who work in the early hours of the day for our benefit—the bread bakers, the newspaper delivery people, the school personnel, and all others whose vocations enrich our lives. Lord, in Your mercy,

People: hear our prayer.

Pastor: As we bring our prayers to You, Lord, we remember the faithful Christians whose earthly lives have been completed and who now are in Your eternal keeping. Help us to follow their examples of faith and faithfulness. And at the last, reunite us with them in the joy of Your heavenly kingdom. Lord, in Your mercy,

People: hear our prayer.

Pastor: We pray for those with special concerns and needs this day: those who are hospitalized or shut in, those who are grieving, the unemployed and underemployed, the chronically ill, and all those whose needs are not known to us.

O Lord, Hear us now on behalf of those in our congregation and all who stand in need:

Local concerns are added by congregational elder.

Pastor: Into Your hands, O Lord, we commend ourselves and all for whom we pray, trusting in Your mercy, through Your Son, Jesus Christ, our Lord.

People: Amen.

Sharing Peace

Offering Give Thanks LSB 806

Give thanks with a grateful heart,
Give thanks to the Holy One,
Give thanks because He's given
Jesus Christ His Son.

Give thanks with a grateful heart,
Give thanks to the Holy One,
Give thanks because He's given
Jesus Christ His Son.

And now let the weak say "I am strong,"
Let the poor say "I am rich,"
Because of what the Lord has done for us.
And now let the weak say "I am strong,"
Let the poor say "I am rich,"
Because of what the Lord has done for us.
Give thanks, give thanks.

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Presentation of Gifts

Pastor: Heavenly Father, You are the giver of all good things, and Your Word makes clear that every good and perfect gift comes from You. We ask that You accept these gifts back unto Yourself and use them to Your glory. [*Psalm 145:15, James 1:17*]

People: Amen.

Holy Communion

Preface

Pastor: The Lord be with you. [2 Timothy 4:22]

People: And also with you.

Pastor: Lift up your hearts. [Colossians 3:1]

People: We lift them to the Lord.

Pastor: Let us give thanks to the Lord our God. [Psalm 136]

People: It is right to give Him thanks and praise.

The Words of Our Lord [Matthew 26:26–28; Mark 14:22–24; Luke 22:19–20; 1 Corinthians 11:23–25]

Proclamation of Christ

Pastor: As often as we eat this bread and drink this cup, we proclaim the Lord's death until He comes.
[1 Cor.11:26]

People: Amen. Come, Lord Jesus. [Revelation 22:20]

Lord's Prayer

 [Matthew 6:9–13]

Pastor: Lord Jesus Christ, remember us in Your kingdom and teach us to pray:

People: Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven; give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen.

Distribution

I Know That My Redeemer Lives

The Lamb LSB 547



1 The Lamb, the Lamb, O Fa - ther, where's the sac - ri - fice?
2 The Lamb, the Lamb, One per - fect fi - nal of - fer - ing.
3 The Lamb, the Lamb, As way - ward sheep their shep - herd kill
4 He sighs, He dies, He takes my sin and wretch - ed - ness.
5 He rose, He rose, My heart with thanks now o - ver - flows.



Faith sees, be - lieves God will pro - vide the Lamb of price!
The Lamb, the Lamb, Let earth join heav'n His praise to sing.
So still, His will On our be - half the Law to fill.
He lives, for - gives, He gives me His own righ - teous - ness.
His song pro - long Till ev - 'ry heart to Him be - long.



Refrain
Wor - thy is the Lamb whose death makes me His



own! The Lamb is reign - ing on His throne!

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Go Now In Peace (Choir)

Benediction

 [Numbers 6:24-26]

Pastor: The LORD bless you and keep you.

The LORD make His face shine on you and be gracious to you.
The LORD look upon you with favor and ☩ give you peace.

People: Amen.

Announcements

Sending Song **Go My Children With My Blessing LSB 922** *sts. 1-2, 4*



1 Go, My chil-dren, with My bless - ing, Nev - er a - lone.
2 Go, My chil-dren, sins for - giv - en, At peace and pure.
4 I the Lord will bless and keep you And give you peace;



Wak - ing, sleep - ing, I am with you; You are My own. In My
Here you learned how much I love you, What I can cure. Here you
I the Lord will smile up - on you And give you peace: I the



love's bap - tis - mal riv - er I have made you Mine for - ev - er.
heard My dear Son's sto - ry; Here you touched Him, saw His glo - ry.
Lord will be your Fa - ther, Sav - ior, Com - fort - er, and Broth - er.



Go, My chil-dren, with My bless-ing— You are My own.
Go, My chil-dren, sins for - giv - en, At peace and pure.
Go, My chil-dren; I will keep you And give you peace.

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