

Twenty First Sunday after Pentecost - Sunday October 17th, 2021 – 9:00 am

Music Today

Cross Road

AS WE GATHER

Physical fitness is “in.” The message of health spas is that if you just work hard enough and get your body into good enough shape, then somehow, you’ll be “fit for life.” Advertising has picked up on this theme and embellished it to amazing proportions. Today, you will be led to understand we have a different kind of life altogether, a life that is made “fit” not by the world’s standards, but by a gift of God. The promise of Jesus tells us how we can be not only physically, but also emotionally and spiritually “Fit for Life.” Jesus said, “*I have come that they may have life. And have it to the FULL!*” Jesus promised to give you MORE LIFE! He fulfilled that promise by giving His life as the sacrifice to take away your sins, and by rising to life again. Jesus is the Lord of Life. Open your ears and your heart to His Word and let Him be the Lord of YOUR life.

Gathering Song

This is Amazing Grace

Who breaks the power of sin and darkness
Whose love is mighty and so much stronger
The King of Glory the King above all kings

Who shakes the whole earth with holy thunder
And leaves us breathless in awe and wonder
The King of Glory the King above all kings

Chorus This is amazing grace
This is unfailing love
That You would take my place
That You would bear my cross
You laid down Your life
That I would be set free
Oh Jesus I sing for all that You've done for me

Who brings our chaos back into order
Who makes the orphan a son and daughter
The King of Glory the King of Glory

Who rules the nations with truth and justice
Shines like the sun in all of its brilliance
The King of Glory the King above all kings **Chorus**

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Welcome & Invocation

Pastor Aaron Boerst

Opening Song

Salvation is Here

God above all the world in motion
God above all my hopes and fears
I don't care what the world throws at me now
I'm gonna be alright

Hear the sound of the generations
Making loud our freedom song

All in all that the world would know Your name
We're gonna be alright

Cause I know my God saved the day
And I know His word never fails
And I know my God made a way for me
Salvation is here

God above all the world in motion
God above all my hopes and fears
And I don't care what the world throws at me now
It's gonna be alright

Cause I know my God saved the day
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Cause I know my God saved the day
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Salvation is here

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Confession & Forgiveness

Pastor: Despite all of God's actions on our behalf, we still struggle with sin in our lives. Our tongues still curse. Our feet still stumble. Our ears still listen to lies and vicious gossip. But our heavenly Father invites us to come to Him for restoration, renewal, and forgiveness.

Silence for reflection.

Pastor: Heavenly Father,

People: we have sinned against You and our neighbors in what we have said and what we have left unsaid. We have neglected opportunities to love our neighbors. We have stumbled and fallen again and again. We ask that You restore us, renew us, and forgive us on account of Jesus. Amen.

Pastor: Almighty God, in His boundless love sent His Son, Jesus Christ, to die and rise for our forgiveness and eternal life. Because of Jesus, we are restored, body and soul. Therefore, as a called and ordained servant of Christ, and by His authority, I forgive you all your sins in the name of the Father and of the ☩ Son and of the Holy Spirit.

People: Amen. We are forgiven in Christ. We are renewed and restored. Amen.

Prayer of the Day

Pastor: Gracious Lord of all, let nothing interfere with our commitment to You. Give us that sense of priority that values all things properly and treasures nothing above Jesus Christ, our Lord, who lives and rules with You and the Holy Spirit, one God, now and forever.

People: Amen.

New Member Welcome

Reader

Bobbie Rand

Old Testament Reading

Exodus 12:1-14

(The Passover)

¹The LORD said to Moses and Aaron in the land of Egypt, ²"This month shall be for you the beginning of months. It shall be the first month of the year for you. ³Tell all the congregation of Israel that on the tenth day of this month every man shall take a lamb according to their fathers' houses, a lamb for a household. ⁴And if the household is too small for a lamb, then he and his nearest neighbor shall take according to the number of persons; according to what each can eat you shall make your count for the lamb. ⁵Your lamb shall be without blemish, a male a year old. You may take it from the sheep or from the goats, ⁶and you shall keep it until the fourteenth day of this month, when the whole assembly of the congregation of Israel shall kill their lambs at twilight.

⁷"Then they shall take some of the blood and put it on the two doorposts and the lintel of the houses in which they eat it. ⁸They shall eat the flesh that night, roasted on the fire; with unleavened bread and bitter herbs they shall eat it. ⁹Do not eat any of it raw or boiled in water, but roasted, its head with its legs and its inner parts. ¹⁰And you shall let none of it remain until the morning; anything that remains until the morning you shall burn. ¹¹In this manner you shall eat it: with your belt fastened, your sandals on your feet, and your staff in your hand. And you shall eat it in haste. It is the LORD's Passover. ¹²For I will pass through the land of Egypt that night, and I will strike all the firstborn in the land of Egypt, both man and beast; and on all the gods of Egypt I will execute judgments: I am the LORD. ¹³The blood shall be a sign for you, on the houses where you are. And when I see the blood, I will pass over you, and no plague will befall you to destroy you, when I strike the land of Egypt.

¹⁴"This day shall be for you a memorial day, and you shall keep it as a feast to the LORD; throughout your generations, as a statute forever, you shall keep it as a feast."

Reader: This is the Word of our Lord.

People: Thanks be to God.

Epistle Reading

1 Corinthians 11: 23-32

(The Lord's Supper Explained)

²³For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, ²⁴and when he had given thanks, he broke it, and said, "This is my body which is for you. Do this in remembrance of me." ²⁵In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." ²⁶For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

²⁷Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. ²⁸Let a person examine himself, then, and so eat of the bread and drink of the cup. ²⁹For anyone who eats and drinks without discerning the body eats and drinks judgment on himself. ³⁰That is why many of you are weak and ill, and some have died. ³¹But if we judged ourselves truly, we would not be judged. ³²But when we are judged by the Lord, we are disciplined so that we may not be condemned along with the world.

Reader: This is the Word of our Lord.

People: Thanks be to God.

Holy Gospel Reading

Matthew 26:17-30

(Institution of the Lord's Supper)

¹⁷Now on the first day of Unleavened Bread the disciples came to Jesus, saying, "Where will you have us prepare for you to eat the Passover?" ¹⁸He said, "Go into the city to a certain man and say to him, 'The Teacher says, My time is at hand. I will keep the Passover at your house with my disciples.'" ¹⁹And the disciples did as Jesus had directed them, and they prepared the Passover.

²⁰When it was evening, he reclined at table with the twelve. ²¹And as they were eating, he said, "Truly, I say to you, one of you will betray me." ²²And they were very sorrowful and began to say to him one after

another, "Is it I, Lord?" ²³He answered, "He who has dipped his hand in the dish with me will betray me. ²⁴The Son of Man goes as it is written of him, but woe to that man by whom the Son of Man is betrayed! It would have been better for that man if he had not been born." ²⁵Judas, who would betray him, answered, "Is it I, Rabbi?" He said to him, "You have said so."

²⁶Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, "Take, eat; this is my body." ²⁷And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, ²⁸for this is my blood of the covenant, which is poured out for many for the forgiveness of sins. ²⁹I tell you I will not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom."

³⁰And when they had sung a hymn, they went out to the Mount of Olives.

Pastor: This is the Word of our Lord.

People: Thanks be to God.

Children's Message / Kid's Church

Song of the Day O Come to the Altar

Are you hurting and broken within
Overwhelmed by the weight of your sin
Jesus is calling
Have you come to the end of yourself
Do you thirst for a drink from the well
Jesus is calling

Chorus: O come to the altar
 The Father's arms are open wide
 Forgiveness was bought with
 The precious blood of Jesus Christ

Leave behind your regrets and mistakes
Come today there's no reason to wait
Jesus is calling
Bring your sorrows and trade them for joy
From the ashes a new life is born
Jesus is calling **(Chorus)**

Oh what a Savior isn't He wonderful
Sing alleluia Christ is risen
Bow down before Him for He is Lord of All
Sing alleluia Christ is risen

Bear your cross as you wait for the crown
Tell the world of the treasure you've found

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Sermon ***FIT FOR LIFE: "Time for Exercise" (Holy Communion)*** *Pastor Aaron Boerst*

Creed – APOSTLES' CREED

**I believe in God, the Father Almighty, maker of heaven and earth.
And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven**

and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life † everlasting. Amen.

Prayers of the Church

Pastor: Most high and holy God, we humbly ask You to accept us at your table. We present and yield ourselves to You, asking You to make us true members incorporated into the Body of Your Son, Jesus Christ. In communion with Your whole Church, make us to be a pure offering to Your name. O Lord, hear our prayer,

People: and let our cry come unto You.

Pastor: Hear our prayer, O Lord, for the universal Church, that You will confirm it in the truth of Your holy faith, inspire it with unity and concord, and extend and prosper it throughout the world. We pray You for those who are ordained to be ministers in Your Church, that by their life and doctrine they set forth Your true and living Word and rightly administer Your Holy Sacraments. Especially do we call upon You for those who labor for You in challenging settings, that they be strong and steadfast, abounding in Your work. O Lord, hear our prayer,

People: and let our cry come unto You.

Pastor: Bless, we pray You, our schools, hospitals, homes for the aged, and all our institutions. Bless those who minister to human need, whether of body, mind, or spirit, and grant them wisdom, strength, and love for You and all people. Let Your blessing rest upon the seedtime and harvest, commerce and industry, leisure and rest, and the arts and culture of our people. Take under Your special protection those whose toil is difficult or dangerous, and be with all who put their efforts toward any useful task. Give to all people the mind of Christ, and order our days in righteousness. Take from us all hatred and prejudice, and whatever may hinder justice and love among people everywhere. O Lord, hear our prayer,

People: and let our cry come unto You.

Pastor: Remember the nations of the world, and let concord and peace prevail among them. Remember those who rule over us, and guide those who influence our lives through the media. Remember our children, our youth, the married couples, and those living single lives, the widows and orphans, and all those who are dealing with disappointments in life. Remember the sick, the suffering, and the persecuted and the dying. Send them help from Your sanctuary, and by Your Spirit, strengthen them according to Your gracious will. O Lord, hear our prayer,

People: and let our cry come unto You.

O Lord, Hear us now on behalf of those in our congregation and all who stand in need:

Local concerns are added by congregational elder.

Pastor: Into Your hands, O Lord, we commend ourselves and all for whom we pray, trusting in Your mercy, through Your Son, Jesus Christ, our Lord.

People: Amen.

Sharing Peace

Offering Lord Whose Love Through Humble Service vs 1,4

Lord, whose love through humble service
Bore the weight of human need,
Who upon the cross, forsaken,
Offered mercy's perfect deed,
We, Your servants, bring the worship

Not of voice alone, but heart,
Consecrating to Your purpose
Ev'ry gift that You impart.

Called by worship to Your service,
Forth in Your dear name we go,
To the child, the youth, the aged,
Love in living deeds to show;
Hope and health, goodwill and comfort,
Counsel, aid, and peace we give,
That Your servants, Lord, in freedom
May Your mercy know and live.

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Presentation of Gifts

Pastor: Heavenly Father, You are the giver of all good things, and Your Word makes clear that every good and perfect gift comes from You. We ask that You accept these gifts back unto Yourself and use them to Your glory. [*Psalm 145:15, James 1:17*]

People: **Amen.**

Holy Communion

Preface

Pastor: The Lord be with you. [*2 Timothy 4:22*]

People: **And also with you.**

Pastor: Lift up your hearts. [*Colossians 3:1*]

People: **We lift them to the Lord.**

Pastor: Let us give thanks to the Lord our God. [*Psalm 136*]

People: **It is right to give Him thanks and praise.**

The Words of Our Lord [*Matthew 26:26–28; Mark 14:22–24; Luke 22:19–20; 1 Corinthians 11:23–25*]

Proclamation of Christ

Pastor: As often as we eat this bread and drink this cup, we proclaim the Lord's death until He comes. [*1 Cor. 11:26*]

People: **Amen. Come, Lord Jesus.** [*Revelation 22:20*]

Lord's Prayer [*Matthew 6:9–13*]

Pastor: Lord Jesus Christ, remember us in Your kingdom and teach us to pray:

People: **Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven; give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen.**

Distribution

All My Hope

I've been held by the savior
I've felt fire from above
I've been down to the river
I ain't the same a prodigal returned

All my hope is in Jesus
Thank God that yesterday's gone

Yes All my sins are forgiven
I've been washed by the blood
Come on and sing

I'm no stranger to prison
I've worn shackles and chains
But I've been freed and forgiven
And I'm not going back I'll never be the same
That's why I sing

All my hope is in Jesus
Thank God that yesterday's gone
Yes All my sins are forgiven
I've been washed by the blood

All my hope is in Jesus
Thank God that yesterday's gone
Yes All my sins are forgiven
I've been washed by the blood

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Amazing Grace, My Chains Are Gone

Amazing grace how sweet the sound
That saved a wretch like me
I once was lost but now I'm found
Was blind but now I see

Chorus: My chains are gone I've been set free
My God my Savior has ransomed me
And like a flood His mercy reigns
Unending love amazing grace

Tw'as grace that taught my heart to fear
And grace my fears relieved
How precious did that grace appear
The hour I first believed **(Chorus)**

The Lord has promised good to me
His word my hope secures
He will my shield and portion be
As long as life endures **(Chorus)**

The earth shall soon dissolve like snow
The sun forbear to shine
But God who called me here below
Will be forever mine
You are forever mine

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Instrumental

Benediction [Numbers 6:24-26]

Pastor: The LORD bless you and keep you.
The LORD make His face shine on you and be gracious to you.
The LORD look upon you with favor and ☩ give you peace.

People: Amen.

Announcements

Sending Song Forever

Forever

Give thanks to the LORD, for he is good. His love endures forever. Psalm 136:1

Give thanks to the Lord	Our God and King
His love endures forever	For He is good He is above all things
His love endures forever	Sing praise sing praise
With a mighty hand	And outstretched arm
His love endures forever	For the life that's been reborn
His love endures forever	Sing praise, sing praise! Sing praise, sing praise!
Forever God is faithful	Forever God is strong
Forever God is with us	Forever, and ever and ever
From the rising to the setting sun	
His love endures forever	By His grace we carry on,
His love endures forever	Sing praise, sing praise! Sing praise, sing praise!
Forever God is faithful	Forever God is strong
Forever God is with us	Forever and ever
Forever God is faithful	Forever God is strong
Forever God is with us	Forever and ever
His love endures forever	His love endures forever
His love endures forever	Forever, forever and ever

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